#### Did you Know...

-There are more than 250,000 individuals with Down syndrome in the United States.

-Down syndrome occurs in approximately one out of every 830 live births.

-Around 80% of babies with Down syndrome are born to mothers under the age of 35.

-Early Intervention services through the school system help children develop to their fullest potential.

-Children with Down syndrome often participate in regular classrooms, learn to read and write, and enjoy many integrated community activities.

### **About CDSPG**

### Mission:

The purpose of the Chesapeake Down Syndrome Parent Group, Inc. is to serve families of and persons with Down syndrome by providing information and support. **Vision:** 

The group wishes to promote a happy, healthy, accepting environment which enables independence for people with Down syndrome so that they may reach their potential at all stages of their lives.

### Membership:

The group is primarily for families of children with Down syndrome, but, any family, individual, or organization invested in the Down syndrome community may become a member. **History:** 

The group was founded in 1982 by eight sets of parents looking to share information and network in order to serve their children with Down syndrome.

# Chesapeake Down Syndrome Parent Group

# First Call Program



For expectant and new parents of children with Down syndrome.

(443) 300-6972 firstcall@cdspg.org www.cdspg.org

### Welcome New Parents

Congratulations on your new baby! Right now there may be a lot of emphasis on how your baby may be different and possible medical issues he or she may face but the most important thing to remember is that your baby is a baby first. You will begin to learn that children with Down syndrome are more alike than different from other children.

### **And Expectant Parents**

Learning that your baby has Down syndrome is an overwhelming experience for most parents. You may feel confused, frightened, angry, saddened, or isolated. Please know that your feelings are completely normal! We have information and connections available that can help you make important decisions for your family.

## Chesapeake Down Syndrome Parent Group's First Call Program Offers:

-Accurate, up-to-date, and objective information about Down syndrome for expectant and new families -The opportunity to talk to other parents about your questions and concerns.

-A chance to meet other children with Down syndrome and their families.
-Assistance locating helpful resources for your child's care.
-Access to CDSPG's resources,

programs, and events.

### You Are Not Alone

Our group offers a variety of social events and educational programs for our members, but we believe our most valuable asset is our connection to each other. As part of CDSPG you have access to over 400 families who have a member with Down syndrome in the Baltimore metro area. These families have faced many of the same joys and struggles as you will face as you raise your child, and they are always willing to help point you in the right direction, celebrate your child's successes, or just be there to listen.

When you are ready, make CDSPG your First Call: (443) 300-6972